

2021

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Wilmington
THRIVE
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LISA BROOKS, LCSW INDIVIDUAL THERAPY SESSIONS AND LIFE COACHING BY APPOINTMENT

She is in you. She's been there all along. The courageous, self-assured, authentic woman who's kept herself hidden in doubt, comparison, and insecurity is ready to be free.

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STACIA WELBORN
BROKER/REALTOR ©

We know you have so many questions about the complicated homebuying and selling process, so we created custom binders with a detailed guidebook just for you. Reach out if you'd like a copy and in the meantime, say hello on social media or on our website!



STEPHANIE LANIER, BROKER/REALTOR ©

Buying or selling a home is a big life moment, one you will never forget. Our team of working moms is deeply involved in our community, especially New Hanover County. From our schools to nonprofits and within our own neighborhoods, we are here to help you make the very best decision. Buying and selling a home is part science and part art. We provide you with data for the science and our years of experience for the art. We sell a home every five days and our happy clients have left us more than 250 five-star reviews on Google, Zillow, and Facebook. As the top-ranked team on Zillow in the 28409 zip code for local reviews, you don't have to take our word for it — you can take theirs.



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From failed fad diets to counting calories, it feels like you've tried everything. You deprive yourself until the cravings overwhelm you, leaving you frustrated and regretful at another failed attempt to make a change.

But what if there was a better, more sustainable approach? I'm Kristen Hobson, FNT. I'll guide you to address the root causes of your issues with an approach that focuses on a whole food diet and positive lifestyle changes. Because there is NO one-size-fits-all diet.

You're individual. You're unique. You deserve to thrive!
Let's work together to find the right path for you.

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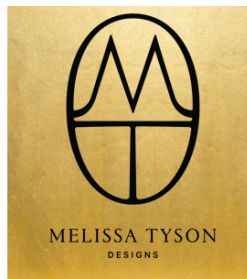
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your vision
to life in
one day



STUDIO
WILDE

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Stop with the back and forth e-mails and design process that takes weeks or even months. With my VIP Day Intensives, we can skip the drawn-out process with a day dedicated just to you. Whether it's a brand identity or website, social media or print collateral, you'll be shocked what we can accomplish with a limited budget, all before dinnertime. These VIP Day Intensives allow us to focus on one key project or any combination of projects, using as many VIP Days as we need to accomplish your goals and make your design wish a reality!



“Melissa was wonderful to work with! She took time to help create a design that fits exactly what I wanted. Her craftsmanship is exceptional, and she is a joy to work with. I can't say enough nice things, and I love my ring set immensely!”
- Stephen K.



MELISSA TYSON

GOLDSMITH & CUSTOM JEWELRY DESIGNER

I am a wife, mother, and goldsmith jewelry designer. Creating jewelry is a constant journey of joyful exploration! I create and design clients' dream rings, taking all your favorite details and gems, bringing your love story to life! Specializing in custom-made engagement rings and wedding bands as well as heirloom recycling, with family diamonds and gold. We use ethically sourced diamonds and gems along with recycled gold in all of our creations! Each piece is custom-made to order in our studio by the sea.

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Godly love and material resources for trafficking survivors.

Food, Shelter, Friendship: First Fruit Ministries shares God's unconditional love through outreach and supportive housing for people experiencing homelessness or trafficking. Founded by Rick and Lee Anna Stoker more than 20 years ago, First Fruit Ministries began as street outreach to people living under bridges and in the woods of our community, women and girls caught in the commercial sex industry and human trafficking, and our local gangs. This work is for people with a passion to see those who are poor, who feel broken and have nowhere to go, the unseen on our streets who are lost in cycles of physical disability, mental health crisis, substance abuse captivity, and emotional trauma, set free.

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SARAH PLESS, DDS

OWNER/SMILE DESIGNER

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