



Stephanie Lanier

Stephanie Lanier is a dedicated REALTOR, entrepreneur, podcast host, speaker and special needs advocate. In 2012, she co-founded Wilmington-based Lanier Property Group alongside her husband Andrew. In 2020, they merged with Intracoastal Realty where they are consistently a top producing team and have over 350 five star reviews online.

Stephanie created the Inspiration Lab in 2015 as a community for women focused on personal and professional growth. The Inspiration Lab's podcast, monthly newsletter, workshops and real estate roundtables reach thousands of women. As a parent to a child who is medically fragile and has autism, Stephanie has made a study out of work-life rhythm and self-care.