



## STEPHANIE LANIER

FOUNDER OF THE INSPIRATION LAB

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### EDUCATION

*University of North Carolina at Wilmington*

- Bachelor's Degree in Psychology, 2003
- Master's Degree in Social Work, 2007

### PROFESSIONAL EXPERIENCE

*2003-2004 Good Shepherd Center*

Program Coordinator of Second Helpings

*2005-2008 The ADR Center*

Mediator, Program Coordinator for Co-Parenting  
Program for High-Conflict Divorcing Couples

*2007-2009 NC Administrative Office of  
the Court*

Permanency Mediator for Child Abuse and Neglect  
Cases

*2010-2012 United Way of Cape Fear*

Fundraising and Development Assistant

*2012-Present Founder and Owner, Lanier Property Group*

- Founded in 2012, Lanier Property Group is a real estate team with Intracoastal Realty in Wilmington, North Carolina. The team specifically focuses on the rapidly growing midtown area of Wilmington and is well known for putting midtown on the map in 2015. With a small team of highly productive agents, they have built a loyal client base with 250 five-star reviews, an enthusiastic social media following, and award-winning marketing strategies.
- In February 2020, Lanier Property Group merged with Intracoastal Realty, one of the largest real estate brokerage firms in southeastern North Carolina. Lanier Property Group continues to operate as a team under the Intracoastal brand.

*2015-Present Founder, The Inspiration Lab*

- Established in Wilmington, North Carolina, in 2015, The Inspiration Lab is a working women's membership group that fosters personal and professional growth and meaningful connections through coaching, networking events, workshops, and an annual conference. The idea stemmed from Stephanie's own experiences as a wife, mother, small business owner, and former clinical social worker. She saw a need to help working women identify ways to blend their work, family, and passions together, and The Inspiration Lab was born.
- The Inspiration Lab began with biannual luncheons hosted by Stephanie. In February 2018, the Lab transitioned into a membership community and grew significantly into what it is today – a 320+ member organization with a staff of three and a wide array of live and online programs where women can converse and support each other in a way that is real, transformative, and inspiring.

## **AWARDS & RECOGNITION**

- Cape Fear CREW Award of Excellence, Career Advancement for Women, 2020
- StarNews Inaugural 40 Under 40 Awards, 2019
- Power 100 List, Connector Category, Greater Wilmington Business Journal, 2019
- International List of Real Estate Influencers, Inman News, 2017
- North Carolina Association of REALTORS® Rising Star Award
- Cape Fear REALTORS® Leadership Academy
- Leadership Wilmington, 2013
- Leadership North Carolina Class XXII, 2014/2015
- Best Real Estate Agent, StarNews, 2014
- YWCA Unsung Hero Award, Finalist, 2019
- Graduate of Seth Godin's altMBA Program, 2018
- Curaytor's Pitchfest, independent brokers category, 2018

## **SPEAKING ENGAGEMENTS & PRESENTATIONS**

- Middleton Elite Coaching, 2020
- Women's Leadership Accelerator, Wilma Magazine, 2020
- Tribute Companies Annual Kickoff, Wrightsville Beach NC, 2020
- UNCW Commencement, College of Health & Human Services, 2019
- TEDxAirlie, Wilmington, NC 2019
- National Association of REALTORS® Broker's Edge Conference, 2019
- Inman Connect, New York City, 2019
- National Association of REALTORS® "Unofficial" 30 Under 30 Reunion, 2019
- Women's Leadership Accelerator, Wilma Magazine, 2018
- Talent & Workforce Development Luncheon, Wilmington Chamber, 2018

- GO Realty Awards Luncheon, Raleigh, 2018
- Inspiration Lab Conference, 2018 & 2019
- Best Life Summit, Durham, 2017
- Genuine Hustle Real Estate Conference, 2017
- UNCW's CIE, Alumni Success Stories, Wilmington, 2017
- TurnOn Conference, Portland OR, 2016
- Make-A-Wish Wish Champions Luncheon, Raleigh & Wilmington 2016 & 2017
- Inman Connect, San Francisco, 2015
- Leverage Global Partners, Charlotte, 2015
- Wilmington's Most Intriguing People Power Breakfast, Greater Wilmington Business Journal, 2015
- Cucalorus Connect, Wilmington, 2015
- GO Real Estate School, Raleigh, 2015
- Women in Business, Wilmington, 2014
- Welcome Home Angel Luncheon, Wilmington, 2014 & 2015
- UNCW Convocation, College of Health & Human Services, 2014

## **BOARD MEMBERSHIPS & COMMUNITY SERVICE**

- UNCW Alumni Association, Chair, 2018-2020
- Wilmington Chamber of Commerce Board of Directors, Treasurer and Executive Committee Member
- Welcome Home Angel Board of Directors, 2013-2016
- Make-A-Wish Advisory Council Member, 2013-2018
- Family Support Network of Southeastern NC Board, 2012-2013
- Cape Fear CREW Board Member, 2015
- Cape Fear REALTORS® Leadership Academy Governor, 2018 & 2019
- Cape Fear REALTORS® Grievance Committee, 2016 & 2017
- Cape Fear REALTORS® Professional Development Committee, 2016